

### "This Month Dates"

3rd 1:15 pm **New England Air** Museum/Backdoor 5th 2:30 p.m. Ambassadors meeting / Pub. 8th 2:30 pm Chef's Table / Chris / Pub 10th 2:00 pm \*Portuguese folk dances / Plaza 10th 6:00 pm **Clarinet Ensemble "The Hartt** School" /Plaza 10th 2:30 pm **Storytelling for** Adults/Congregational Church/Backdoor 11th 3:30 pm \*Veteran's Day W/Larry Batter **Entertainment / Pub** 12th 2:30 p.m. **Community Resident Council** Meeting / Pub. 14th 11:00 am \*Leslie's Jewelry Connection / B Level 17th 12:45 pm

21st 4:30 p.m.
(Books & Brew/ BYO Beverage) /
Library.
23rd 2:00 pm
\*Artist Workshop Series
w/Dana /Activity Center

\*Otto's Pizza Chester 19th 2:30 pm

Conversation w/ED Gina/Pub

24th 12:45 pm

\*Mystic Aquarium Trip /
Backdoor
26th 2:30 p.m.
Culinary Meeting- Chris / Pub.
30th 3:30 pm

\*Music by David Eberly





## **RESIDENT AMBASSADOR**

THE RESIDENT AMBASSADOR PROGRAM
INVOLVES THESE STEPS OF ENCOURAGEMENT:

What is an ambassador?

A resident who ...

- is willing to meet and greet new residents.
- befriends new residents, inviting them to meals and activities
- helps new residents figure out the building, which can be an adventure.

If anyone has questions please let Maureen the Activity Director know.

# **NOVEMBER 2024 FALLING INTO AUTUMN**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
*All programs are subject to change. Please check the daily posting. Residents are encouraged to participate in any program. Please let staff know of any upcoming programs you would like to attend.	Celebrate Our Veterans	Falling into Autumn.	<b>M</b> onthly Birthday Party!	Give Thanks!	10:00 TaiChi/Pete 10:45 *SCRABBLE® 11:15 Book Talk/W Corey 11:45 Engaging Word Game 1:30 Aerobics Exercise 3:30 Men's Pool Game 4:30 Shabbat Service 6:15 Wheel of fortune	10:00 *Flute Ensemble 10:45 SCRABBLE® Game 11:15 Exercise with Corey 11:45 Spelling Bee Game 1:30 Exercise w/Corey 2:00 Bingo Hour 3:30 Happy Hour 5:30 Corey/Discussion Group 6:15 Engaging Word Game
9:45 Grace & St.Peter's 10:00 Cinema 11:15 Exercise Class 11:45 The Daily Chronicles 12:00 Eucharist Pray w/Mary 1:15 *New England Air Museum 1:30 Exercise w/Emma 2:00 *Watercolors Art/Emma 2:00 Bible Study Group 3:00 Feature Film 3:30 Happy Hour 4:30 *Knitting Club 6:15 Engaging Your Brain	10:00 Theater 10:15 EngageExercise 11:15 Chronicles Discussion 11:45 Chronicle/Word/Emma 12:45 *Watercolors/Emma 1:00 Shopping & Errands 1:30 Exercise Weights 2:00 Bingo Hour/Emma 3:00 Great Courses/Brazil 3:30 Happy Hour & Trivia 5:30 Trivia & story circle 6:15 Domino's circle	10:00 *NewsCurrentsSr.® 10:45 SCRABBLE® 11:15 Chair Exercise 1:00 Card Game/Cathy 2:00 Paint/Vino/Corey 2:30 Ambassadors meeting 3:00 Feature Presentation 5:30 Senior Sing-along 6:00 Tuesday's "Movie Night" 6:15 Engaging Word Game	10:00 Docu Drama 10:45 Cards/SCRABBLE® 11:00 Short Stories 11:45 Interactive Trivia 1:30 Yoga Exercise 2:00 Crafter's Corner 3:00 Theater 3:30 Happy Hour 5:30 Activity Connections 6:15 Family Feud	10:00 Cinema 7 10:45 Cards/SCRABBLE® 11:15 Dancing Exercise 11:45 Engaging Word 12:45 Chess Game 1:30 Fox Rehab w/Kate 3:30 Happy Hour Mix 5:30 Technology Talk 6:15 The Price is right	10:45 *SCRABBLE® 11:15 Book Talk/W Corey 11:45 Engaging Word Game 1:30 Aerobics Exercise 2:30 Chef's Table/Chris 3:30 Men's Pool Game 4:30 Shabbat Service 5:00 Guess Who Game 6:15 Wheel of fortune	10:00 *Flute Ensemble 10:45 SCRABBLE® Game 11:15 Exercise with Corey 11:45 Spelling Bee Game 1:30 Exercise w/Corey 2:00 Bingo Hour 3:30 Happy Hour 5:30 Corey/Discussion Group 6:15 Engaging Word Game
9:45 Grace & St.Peter's 10:00 Cinema 10:15 *Learn Italian 101 11:15 Exercise Class 11:45 The Daily Chronicles 12:00 Eucharist Pray w/Mary 12:45 *Watercolors Art/Emma 1:30 Exercise w/Emma 2:00 *Portuguese folk dances 2:30 *Storytelling for Adults 3:00 Feature Film 3:30 Happy Hour 4:30 *Knitting Club 6:00 *Clarinet Ensemble 6:15 Engaging Your Brain	10:00 Theater 10:15 EngageExercise 11:00 *Veterans Story Circle 11:45 Chronicle/Word/Emma 12:45 *Watercolors/Emma 1:00 Shopping & Errands 2:00 Bingo Hour/Emma 3:00 Great Courses/Brazil 3:30 *Veteran's Day/Entertainment 5:30 Trivia & story circle 6:15 Domino's circle	10:00 *NewsCurrentsSr.® 10:45 SCRABBLE® 11:15 Chair Exercise 1:00 Card Game/Cathy 2:00 Paint/Vino/Corey 5:30 Senior Sing-along 6:00 Tuesday's "Movie Night" 6:15 Engaging Word Game	10:00 Docu Drama 10:15 *Core Strength 10:45 Cards/SCRABBLE® 11:00 Short Stories 11:15 Recipe Discussion 11:45 Interactive Trivia 2:00 Crafter's Corner 3:00 Theater 3:30 Happy Hour 5:30 Activity Connections 6:15 Family Feud	10:00 *FOX w/Katelyn 10:00 Cinema 10:45 Cards/SCRABBLE® 11:00 *Leslie's Jewelry 11:15 Exercise Class 11:45 Engaging Word 12:45 Chess Game 1:30 Fox Rehab w/Kate 3:30 Happy Hour Mix 5:30 Technology Talk 6:15 The Price is right	10:45 *SCRABBLE® 11:15 Book Talk/W Corey 11:45 Engaging Word Game 12:45 Feature Presentation 1:30 Aerobics Exercise 2:30 Chef's Table/Chris 3:30 Men's Pool Game 4:30 Shabbat Service 5:00 Guess Who Game 6:00 Feature Presentation 6:15 Wheel of fortune	10:00 *Flute Ensemble 10:45 SCRABBLE® Game 11:15 Exercise with Corey 11:45 Spelling Bee Game 1:30 Exercise w/Corey 2:00 Bingo Hour 3:30 Happy Hour 5:30 Corey/Discussion Group 6:15 Engaging Word Game
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9:45 Grace & St.Peter's 10:00 Cinema 10:15 *Learn Italian 101 11:15 Exercise Class 11:45 The Daily Chronicles 12:00 Eucharist Pray w/Mary 12:45 *Mystic Aquarium Trip 1:30 Exercise w/Emma 2:00 *Watercolors Art/Emma 3:00 Feature Film 3:30 Happy Hour 4:30 *Knitting Club 6:15 Engaging Your Brain	10:00 Theater 10:15 EngageExercise 11:00 *Veterans Story Circle 11:15 Daily Chronicles 11:45 Chronicle/Word/Emma 12:45 *Watercolors/Emma 1:00 Shopping & Errands 2:00 Bingo Hour/Emma 3:00 Great Courses/Brazil 5:30 Trivia & story circle 6:15 Domino's circle	10:00 *NewsCurrentsSr.® 10:45 SCRABBLE® 11:15 Chair Exercise 1:00 Card Game/Cathy 2:00 Paint/Vino/Corey 2:30 Culinary Committee-Chris 5:30 Senior Sing-along 6:00 Tuesday's "Movie Night" 6:15 Engaging Word Game	10:00 Docu Drama 10:30 *Tours/Residents 10:45 Cards/SCRABBLE® 11:00 Short Stories 11:45 Interactive Trivia 1:30 Yoga Exercise 2:00 Crafter's Corner 3:00 Theater 3:30 Happy Hour 5:30 Activity Connections 6:15 Family Feud	10:00 Cinema 10:45 Cards/SCRABBLE® 11:15 Exercise Class 11:30 THANKSGIVING DAY 11:45 Engaging Word 12:45 Chess Game 1:30 Fox Rehab w/Kate 3:30 Happy Hour Mix 5:30 Technology Talk 6:15 The Price is right	10:45 *SCRABBLE® 11:15 Book Talk/W Corey 11:45 Engaging Word Game 1:30 Aerobics Exercise 2:30 Chef's Table/Chris 3:30 Men's Pool Game 4:30 Shabbat Service 5:00 Guess Who Game 6:15 Wheel of fortune	10:00 *Flute Ensemble 10:45 SCRABBLE® Game 11:15 Exercise with Corey 11:45 Spelling Bee Game 1:30 Exercise w/Corey 2:00 Bingo Hour 3:30 *Music by David Eberly 5:30 Corey/Discussion Group 6:15 Engaging Word Game

## ~Birthdays~

Timothy Z. - 2nd Cleo "Lee" K. - 12th Marlene W. - 16th Robert M. - 18th Thelma S. - 20th Carol Sue Z. - 21st Thomasina C. - 23rd David E. - 26th Matthew K. - 26th

> Fun Facts about: William Whaley Marketing Director

> > He is an Eagle Scout.

He loves to golf.

He is 6'3 since everyone asks.

His best vacation location is the Bermuda.

His favorite color is royal blue.

#### Quote:

"In November, the earth is growing quiet. It is making its bed, a winter bed for flowers and small creatures."
- Cynthia Rylant



