

NOVEMBER 2024

SENIOR LIVING



WEST HARTFORD

Happy Birthday!

Timothy Z. - 2nd
 Cleo "Lee" K. - 12th
 Marlene W. - 16th
 Robert M. - 18th
 Thelma S. - 20th
 Carol Sue Z. - 21st
 Thomasina C. - 23rd
 David E. - 26th
 Matthew K. - 26th

Location Key

MC Lounge B Level = MCL
 Plaza 1st Floor = PI
 Community Outing Back Door = CO
 Activity Center B Level = AC
 Circle of Friends B Level = COF
 Pub Room B Level = PR
 Chapel Room 2nd Floor = CR
 Plaza Bistro 1st Floor = PB
 Plaza Theater 1st Floor = PT
 Game Room B Level = GR
 Back Door B Level = BD
 Pool Game Room B Level = PGR
 New Program = NP
 * Special Events = SE
 5th Floor = 5 FL
 Private Dining Room B Level = PDR
 Library Room B Level = LR
 Fireplace Plaza 1st Floor = FP
 Dining Room = DR
 In Room TV = IRTV
 Hallway B Level = HW

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>*All programs are subject to change. Please check the daily posting. Residents are encouraged to participate in any program. Please let staff know of any upcoming programs you would like to attend.</p>	Celebrate Our Veterans	<p>Falling into Autumn.</p>	Monthly Birthday Party!	Give Thanks!	<p>10:00 TaiChi/Pete 10:45 *SCRABBLE® 11:15 Book Talk/W Corey 11:45 Engaging Word Game 1:30 Aerobics Exercise 3:30 Men's Pool Game 4:30 Shabbat Service 6:15 Wheel of fortune</p>	<p>2 10:00 *Flute Ensemble 10:45 SCRABBLE® Game 11:15 Exercise with Corey 11:45 Spelling Bee Game 1:30 Exercise w/Corey 2:00 Bingo Hour 3:30 Happy Hour 5:30 Corey/Discussion Group 6:15 Engaging Word Game</p>
<p>9:45 Grace & St.Peter's 10:00 Cinema 11:15 Exercise Class 11:45 The Daily Chronicles 12:00 Eucharist Pray w/Mary 1:15 *New England Air Museum 1:30 Exercise w/Emma 2:00 *Watercolors Art/Emma 2:00 Bible Study Group 3:00 Feature Film 3:30 Happy Hour 4:30 *Knitting Club 6:15 Engaging Your Brain</p>	<p>10:00 Theater 10:15 EngageExercise 11:15 Chronicles Discussion 11:45 Chronicle/Word/Emma 12:45 *Watercolors/Emma 1:00 Shopping & Errands 1:30 Exercise Weights 2:00 Bingo Hour/Emma 3:00 Great Courses/Brazil 3:30 Happy Hour & Trivia 5:30 Trivia & story circle 6:15 Domino's circle</p>	<p>10:00 *NewsCurrentsSr.® 10:45 SCRABBLE® 11:15 Chair Exercise 1:00 Card Game/Cathy 2:00 Paint/Vino/Corey 2:30 Ambassadors meeting 3:00 Feature Presentation 5:30 Senior Sing-along 6:00 Tuesday's "Movie Night" 6:15 Engaging Word Game</p>	<p>10:00 Docu Drama 10:45 Cards/SCRABBLE® 11:00 Short Stories 11:45 Interactive Trivia 1:30 Yoga Exercise 2:00 Crafter's Corner 3:00 Theater 3:30 Happy Hour 5:30 Activity Connections 6:15 Family Feud</p>	<p>10:00 Cinema 10:45 Cards/SCRABBLE® 11:15 Dancing Exercise 11:45 Engaging Word 12:45 Chess Game 1:30 Fox Rehab w/Kate 3:30 Happy Hour Mix 5:30 Technology Talk 6:15 The Price is right</p>	<p>10:45 *SCRABBLE® 11:15 Book Talk/W Corey 11:45 Engaging Word Game 1:30 Aerobics Exercise 2:30 Chef's Table/Chris 3:30 Men's Pool Game 4:30 Shabbat Service 5:00 Guess Who Game 6:15 Wheel of fortune</p>	<p>10:00 *Flute Ensemble 10:45 SCRABBLE® Game 11:15 Exercise with Corey 11:45 Spelling Bee Game 1:30 Exercise w/Corey 2:00 Bingo Hour 3:30 Happy Hour 5:30 Corey/Discussion Group 6:15 Engaging Word Game</p>
<p>9:45 Grace & St.Peter's 10:00 Cinema 10:15 *Learn Italian 101 11:15 Exercise Class 11:45 The Daily Chronicles 12:00 Eucharist Pray w/Mary 12:45 *Watercolors Art/Emma 1:30 Exercise w/Emma 2:00 *Portuguese folk dances 3:00 Feature Film 3:30 Happy Hour 4:30 *Knitting Club 6:00 *Clarinet Ensemble 6:15 Engaging Your Brain</p>	<p>10:00 Theater 10:15 EngageExercise 11:00 *Veterans Story Circle 11:45 Chronicle/Word/Emma 12:45 *Watercolors/Emma 1:00 Shopping & Errands 2:00 Bingo Hour/Emma 3:00 Great Courses/Brazil 3:30 *Veteran's Day/Entertainment 5:30 Trivia & story circle 6:15 Domino's circle</p>	<p>10:00 *NewsCurrentsSr.® 10:45 SCRABBLE® 11:15 Chair Exercise 1:00 Card Game/Cathy 2:00 Paint/Vino/Corey 5:30 Senior Sing-along 6:00 Tuesday's "Movie Night" 6:15 Engaging Word Game</p>	<p>10:00 Docu Drama 10:15 *Core Strength 10:45 Cards/SCRABBLE® 11:00 Short Stories 11:15 Recipe Discussion 11:45 Interactive Trivia 2:00 Crafter's Corner 3:00 Theater 3:30 Happy Hour 5:30 Activity Connections 6:15 Family Feud</p>	<p>10:00 *FOX w/Katelyn 10:00 Cinema 10:45 Cards/SCRABBLE® 11:00 *Leslie's Jewelry 11:15 Exercise Class 11:45 Engaging Word 12:45 Chess Game 1:30 Fox Rehab w/Kate 3:30 Happy Hour Mix 5:30 Technology Talk 6:15 The Price is right</p>	<p>10:45 *SCRABBLE® 11:15 Book Talk/W Corey 11:45 Engaging Word Game 12:45 Feature Presentation 1:30 Aerobics Exercise 2:30 Chef's Table/Chris 3:30 Men's Pool Game 4:30 Shabbat Service 5:00 Guess Who Game 6:00 Feature Presentation 6:15 Wheel of fortune</p>	<p>10:00 *Flute Ensemble 10:45 SCRABBLE® Game 11:15 Exercise with Corey 11:45 Spelling Bee Game 1:30 Exercise w/Corey 2:00 Bingo Hour 3:30 Happy Hour 5:30 Corey/Discussion Group 6:15 Engaging Word Game</p>
<p>9:45 Grace & St.Peter's 10:00 Cinema 10:15 *Learn Italian 101 11:15 Exercise Class 11:45 The Daily Chronicles 12:00 Eucharist Pray w/Mary 12:45 *Otto's Pizza Chester 1:30 Exercise w/Emma 2:00 *Watercolors Art/Emma 3:00 Feature Film 3:30 Happy Hour 4:30 *Knitting Club 6:15 Engaging Your Brain</p>	<p>10:00 Theater 10:15 EngageExercise 11:00 *Veterans Story Circle 11:15 Daily Chronicles 11:45 Chronicle/Word/Emma 12:45 *Watercolors/Emma 1:00 Shopping & Errands 2:00 Bingo Hour/Emma 3:00 Great Courses/Brazil 5:30 Trivia & story circle 6:15 Domino's circle</p>	<p>10:00 *NewsCurrentsSr.® 10:45 SCRABBLE® 11:15 Chair Exercise 1:00 Card Game/Cathy 2:00 Paint/Vino/Corey 2:30 *Conversation w/ED Gina 5:30 Senior Sing-along 6:00 Tuesday's "Movie Night" 6:15 Engaging Word Game</p>	<p>10:00 Docu Drama 10:45 Cards/SCRABBLE® 11:00 Short Stories 11:45 Interactive Trivia 1:30 Yoga Exercise 2:00 Crafter's Corner 3:00 Theater 3:30 Happy Hour 5:30 Activity Connections 6:15 Family Feud</p>	<p>10:00 Cinema 10:45 Cards/SCRABBLE® 11:15 Exercise Class 11:45 Engaging Word 12:45 Chess Game 1:30 Fox Rehab w/Kate 3:30 Happy Hour Mix 4:30 *Books & Brew 5:30 Technology Talk 6:15 The Price is right</p>	<p>10:45 *SCRABBLE® 11:15 Book Talk/W Corey 11:45 Engaging Word Game 1:30 Aerobics Exercise 2:30 Chef's Table/Chris 3:30 Men's Pool Game 4:30 Shabbat Service 5:00 Guess Who Game 6:15 Wheel of fortune</p>	<p>10:00 *Flute Ensemble 10:45 SCRABBLE® Game 11:15 Exercise with Corey 11:45 Spelling Bee Game 1:30 Exercise w/Corey 2:00 Bingo Hour 3:30 Happy Hour 5:30 Corey/Discussion Group 6:15 Engaging Word Game</p>
<p>9:45 Grace & St.Peter's 10:00 Cinema 10:15 *Learn Italian 101 11:15 Exercise Class 11:45 The Daily Chronicles 12:00 Eucharist Pray w/Mary 12:45 *Mystic Aquarium Trip 1:30 Exercise w/Emma 2:00 *Watercolors Art/Emma 3:00 Feature Film 3:30 Happy Hour 4:30 *Knitting Club 6:15 Engaging Your Brain</p>	<p>10:00 Theater 10:15 EngageExercise 11:00 *Veterans Story Circle 11:15 Daily Chronicles 11:45 Chronicle/Word/Emma 12:45 *Watercolors/Emma 1:00 Shopping & Errands 2:00 Bingo Hour/Emma 3:00 Great Courses/Brazil 5:30 Trivia & story circle 6:15 Domino's circle</p>	<p>10:00 *NewsCurrentsSr.® 10:45 SCRABBLE® 11:15 Chair Exercise 1:00 Card Game/Cathy 2:00 Paint/Vino/Corey 2:30 Culinary Committee-Chris 5:30 Senior Sing-along 6:00 Tuesday's "Movie Night" 6:15 Engaging Word Game</p>	<p>10:00 Docu Drama 10:30 *Tours/Residents 10:45 Cards/SCRABBLE® 11:00 Short Stories 11:45 Interactive Trivia 1:30 Yoga Exercise 2:00 Crafter's Corner 3:00 Theater 3:30 Happy Hour 5:30 Activity Connections 6:15 Family Feud</p>	<p>10:00 Cinema 10:45 Cards/SCRABBLE® 11:15 Exercise Class 11:30 THANKSGIVING DAY 11:45 Engaging Word 12:45 Chess Game 1:30 Fox Rehab w/Kate 3:30 Happy Hour Mix 5:30 Technology Talk 6:15 The Price is right</p>	<p>10:45 *SCRABBLE® 11:15 Book Talk/W Corey 11:45 Engaging Word Game 1:30 Aerobics Exercise 2:30 Chef's Table/Chris 3:30 Men's Pool Game 4:30 Shabbat Service 5:00 Guess Who Game 6:15 Wheel of fortune</p>	<p>10:00 *Flute Ensemble 10:45 SCRABBLE® Game 11:15 Exercise with Corey 11:45 Spelling Bee Game 1:30 Exercise w/Corey 2:00 Bingo Hour 3:30 *Music by David Eberly 5:30 Corey/Discussion Group 6:15 Engaging Word Game</p>