

MEMORY CARE NEWSLETTER



September 2024

Letter from the Team

YOU DON'T WANT TO MISS IT!

9/6/2024 Westmoor Park 2pm

9/13/2024 Lunch at Harvey Cafe 12pm

9/21/2024 End of Summer Luau 1pm

9/25/2024 Family Night in Europe 5pm

9/23/2024 Support Group 5pm

**Music Therapy
Thursday's 1:30pm**

**Monthly Birthday Party
Last Thursday of every month 1:30pm**

**Chef's Table
Friday's 2:30pm**

Goodbye August, Hello September! As we welcome a new month and a fresh season, we're excited to share all the wonderful moments we experienced in August. Our Memory Care community was abuzz with activities that brought joy and laughter to everyone. We kicked off the month cuddling with the cutest bunnies, followed by a lively celebration for National Rum Day. The ladies had a delightful time watching "My Penguin Friend" at Picture Show in Berlin—a heartwarming movie that left everyone smiling. One of the highlights was our chicken and waffle bar, a treat that both residents and staff enjoyed immensely. Dining at Effie's Restaurant was another standout moment, where the food was as amazing as always. The month ended on a high note with our bonfire Family Night. The warm glow of the fire, combined with good company, made for an unforgettable evening. As we step

into September, we're looking forward to new adventures and creating more cherished memories together. This month, Our residents are eagerly anticipating one last lunch at the park, followed by our "End of the Summer Luau" on Saturday, September 21st, at 1pm. We've extended the invitation to all family members to join us for food, games, and fun! This month, we're also hosting our monthly Family Night with a Europe theme. We've planned more outings to local cafes, where residents can enjoy some cozy time together. And, as always, we'll conclude the month with our monthly support group, offering a chance to connect and share experiences. We look forward to new adventures and creating more special moments with our wonderful community.

Wishing you all a fabulous
September,
The Memory Care Team



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday


Saturday

9:00am Morning Inspiration: Chicken Soup for the Soul **1**
10:00am Coffee and Current Events
11:00am Daily Chronicles
11:30am Morning Exercise
12:00pm Daily Chronicles Hangman Challenge
12:30pm The Price is Right
2:30pm Name Your Price Game
3:00pm Greek Mythology: Demeter
3:30pm WordScape
4:00pm Beat of the Body
4:30pm Music Circle
6:00pm Text Twist

All Day Labor Day **2**
9:00am Morning Inspiration: Chicken Soup for the Soul
10:00am Coffee and Current Events
11:00am Daily Chronicles
11:30am Morning Exercise
12:00pm Daily Chronicles Hangman Challenge
12:30pm Aromatherapy and Puzzles
2:00pm Listen and Learn: What's My Job
3:00pm Unusual Job
3:30pm Labor Day- Happy Hour
4:30pm Bingo

9:00am Morning Inspiration: Chicken Soup for the Soul **3**
10:00am Coffee and Current Events
11:00am Daily Chronicles
11:30am Morning Exercise
12:00pm Daily Chronicles Hangman Challenge
12:30pm Trivia Tuesday
2:00pm Painting to Music
3:00pm You Be the Judge
3:30pm Uplifting Short Stories
4:00pm Lets Make A Sentence
4:30pm Comedy Hour
6:00pm Group Word Search and Aromatherapy

9:00am Morning Inspiration: Chicken Soup for the Soul **4**
10:00am Coffee and Current Events
11:00am Daily Chronicles
12:00pm Daily Chronicles Hangman Challenge
12:15pm Tai Chi with Pete
2:00pm Aviva Destination: Europe
2:30pm Jeopardy
3:00pm Music Circle
3:30pm Happy Hour
4:30pm Sing-a-long : Dean Martin
6:00pm Deal or No Deal

9:00am Morning Inspiration: Chicken Soup for the Soul **5**
10:00am Coffee and Current Events
11:00am Daily Chronicles
11:30am Morning Stretches
12:00pm Daily Chronicles Hangman Challenge
12:30pm Book Ends Game
2:30pm Music Therapy with Caleb
2:30pm Manicures
3:00pm Small Group Sensory Project: Sensory Pouches
3:30pm Puzzle Table
4:00pm What am I?
4:30pm Lets Make A Deal 

9:00am Morning Inspiration: Chicken Soup for the Soul **6**
10:00am Coffee and Current Events
11:00am Daily Chronicles
11:30am Seated Yoga
12:00pm Daily Chronicles Hangman Challenge
12:30pm Word Scramble
2:00pm Memory Care Outing : Westmoor Park
2:30pm Chef's Table
3:30pm 'Drinks Around The World' Happy Hour
4:30pm Name That Tv Show : 60's Edition
6:00pm Monopoly Table

9:00am Morning Inspiration: Chicken Soup for the Soul **7**
10:00am Coffee and Current Events
11:00am Daily Chronicles
11:30am Morning Exercise
12:00pm Daily Chronicles Hangman Challenge
12:30pm Book Club: Open House
2:00pm Indoor Balloon Hole
2:30pm Searching for September
3:00pm Wheel of Fortune
4:00pm Aromatherapy and Music
4:30pm Evening Affirmation
6:00pm Evening Cinema: sMOTHERed
6:00pm One on One Visits

9:00am Morning Inspiration: Chicken Soup for the Soul **8**
10:00am Coffee and Current Events
11:00am Daily Chronicles
11:30am Morning Exercise
12:00pm Daily Chronicles Hangman Challenge
12:30pm 'MISSPELL' : Wordplay
2:00pm Star of the Month: Michael Douglas
2:30pm Google It Game
3:00pm Name 5
3:30pm AGT: Aviva's Got Talent
4:30pm Retro Bingo: TV Shows
6:00pm Wii Games: Wheel of Fortune

9:00am Morning Inspiration: Chicken Soup for the Soul **9**
10:00am Coffee and Current Events
11:00am Daily Chronicles
11:30am Morning Stretches
12:00pm Daily Chronicles Hangman Challenge
12:30pm Detective Challenge
12:30pm Morning Affirmation
2:30pm Old - Fashioned school Days
3:30pm Happy Hour
4:30pm Music Circle: Classical Music
6:00pm Who Wants to be a Billionaire

9:00am Morning Inspiration: Chicken Soup for the Soul **10**
10:00am Coffee and Current Events
11:00am Daily Chronicles
11:30am Morning Exercise
12:00pm Daily Chronicles Hangman Challenge
12:30pm Trivia Tuesday
2:00pm Craft Table: Tie Dye Suncatchers
3:00pm Cross Words On the Big Screen
3:30pm Hot Balloon
4:00pm Nine Puzzle Game
4:30pm Cross Words On the Big Screen
6:00pm Night Time Trivia Crack

9:00am Virtual Memorial Service: Honoring 9/11 **11**
10:00am Coffee and Current Events
11:00am Daily Chronicles
11:30am Morning Stretches
12:00pm Who am I?
12:15pm Tai Chi with Pete
2:00pm Uplifting Short Stories with 9/11 Survivors
2:30pm "Falling" For Sensory Poems
3:00pm Tricky Riddles
3:30pm Happy Hour
4:30pm Armchair Travel: Mexico City
6:00pm Deal or No Deal

9:00am Morning Inspiration: Chicken Soup for the Soul **12**
10:00am Coffee and Current Events
11:00am Daily Chronicles
11:30am Seated Yoga
12:00pm Daily Chronicles Hangman Challenge
12:30pm Puzzles and Music
1:30pm Music Therapy with Caleb
2:00pm Painting to Music
3:00pm Manicures
3:30pm Class of 74'
4:00pm Air Hockey
6:00pm Evening Affirmation

9:00am Morning Inspiration: Chicken Soup for the Soul **13**
10:00am Coffee and Current Events
11:00am Daily Chronicles
11:30am Morning Exercise
12:00pm Memory Care Outing: Harvey Cafe
2:00pm September Themed Anagrams
2:30pm Chef's Table
3:30pm Red, White, and Blue Bingo
4:30pm One Hit That's It
6:00pm Jeopardy

9:00am Morning Inspiration: Chicken Soup for the Soul **14**
10:00am Coffee and Current Events
11:00am Daily Chronicles
11:30am Morning Exercise
12:00pm Daily Chronicles Hangman Challenge
12:30pm Book Club: Grandad's Grasshopper
2:00pm White Board Post It Game
2:30pm Mini Table Golf
3:30pm Ted Talks: A healthy lifestyle for all ages
4:00pm Text Twist
4:30pm Making Music Excise
6:00pm Let's Make A Deal

9:00am Morning Inspiration: Chicken Soup for the Soul **15**
10:00am Coffee and Current Events
11:00am Daily Chronicles
11:30am Morning Exercise
12:00pm Daily Chronicles Hangman Challenge
12:30pm Back to School Trivia
2:30pm Craft Table : Sand Candles
3:30pm Table Tennis
4:00pm You Be the Judge
6:00pm Name Your Price Game

9:00am Morning Inspiration: Chicken Soup for the Soul **16**
10:00am Coffee and Current Events
11:00am Daily Chronicles
11:30am Morning Exercise
12:00pm Daily Chronicles Hangman Challenge
12:30pm "All About Bacon" World Play
2:00pm Paper Towel Toss
3:00pm WordScape
3:30pm Happy Hour
4:30pm Aromatherapy and Card Games
6:00pm Evening Cinema: Bucket List

9:00am Morning Inspiration: Chicken Soup for the Soul **17**
10:00am Coffee and Current Events
11:00am Daily Chronicles
11:30am Morning Exercise
12:00pm Daily Chronicles Hangman Challenge
12:30pm Trivia Tuesday
2:00pm Craft Table: Citrus Print Walker Bags
3:00pm Small Group Sensory Project: Back to School
3:30pm Lets Make A Sentence
4:00pm Wheel of Fortune
4:30pm Living Room Bowling
6:00pm Monopoly Table

9:00am Morning Inspiration: Chicken Soup for the Soul **18**
10:00am Coffee and Current Events
11:00am Daily Chronicles
12:00pm Daily Chronicles Hangman Challenge
12:15pm Tai Chi with Pete
2:00pm Picture It
2:30pm Word Elimination
3:00pm Say What Word Game
3:30pm Happy Hour
4:30pm Sing-a-long : Sharing our favorite song
6:00pm Deal or No Deal


9:00am Morning Inspiration: Chicken Soup for the Soul **19**
10:00am Coffee and Current Events
11:00am Daily Chronicles
11:30am Morning Exercise
12:00pm Daily Chronicles Hangman Challenge
12:30pm Morning Meditation
1:30pm Music Therapy with Caleb
2:30pm Movie Theater and Popcorn
3:30pm Hot Balloon
4:00pm Head Bandz
4:30pm Armchair Travel: Virginia
6:00pm Ride Down Memory Lane

9:00am Morning Inspiration: Chicken Soup for the Soul **20**
10:00am Coffee and Current Events
11:00am Daily Chronicles
11:30am Morning Exercise
12:00pm Daily Chronicles Hangman Challenge
12:30pm Name That Tune
2:00pm Scrabble
2:30pm Chef's Table
3:30pm Double Exposure
4:00pm Nine Puzzle Game
4:30pm Mega Solitaire
4:45pm Family Feud

All Day End of the Summer Luau **21**
9:00am Morning Inspiration: Chicken Soup for the Soul
10:00am Coffee and Current Events
11:00am Daily Chronicles
11:30am Morning Exercise
12:00pm Daily Chronicles Hangman Challenge
1:00pm End of Summer Luau
2:30pm Pineapple Ball Toss
3:00pm Punch a Pineapple
3:30pm Flamingo Ring Toss
4:00pm Hawaii Trivia
6:00pm Evening Cinema: 50 First Dates

9:00am Morning Inspiration: Chicken Soup for the Soul **22**
10:00am Coffee and Current Events
11:00am Daily Chronicles
11:30am Morning Exercise
12:00pm Daily Chronicles Hangman Challenge
12:30pm Text Twist
2:00pm Look - a - Like
2:30pm Finish the Lyric
3:00pm Comedy Hour
4:30pm Evening Affirmation
6:00pm Words With in Words

9:00am Morning Inspiration: Chicken Soup for the Soul **23**
10:00am Coffee and Current Events
11:00am Daily Chronicles
11:30am Morning Exercise
12:00pm Daily Chronicles Hangman Challenge
12:30pm Detective Challenge
2:00pm Uplifting Short Stories
3:30pm Outdoor Happy Hour
4:30pm Music Circle
6:00pm Evening Affirmation
6:30pm One on One Visits

9:00am Morning Inspiration: Chicken Soup for the Soul **24**
10:00am Coffee and Current Events
11:00am Daily Chronicles
11:30am Morning Exercise
12:00pm Daily Chronicles Hangman Challenge
12:30pm Trivia Tuesday
1:45pm Painting to Music
2:00pm Small Group Sensory Project: Blind Taste Test
2:30pm ABC, Easy as 123
3:00pm SpeedRacer
3:30pm Solve the Riddle
4:00pm Conversation Toss Up 

9:00am Morning Inspiration: Chicken Soup for the Soul **25**
10:00am Coffee and Current Events
11:00am Daily Chronicles
12:00pm Daily Chronicles Hangman Challenge
12:15pm Tai Chi with Pete
2:30pm Mind Your Manners Game
3:00pm Google It Game
3:30pm Happy Hour
4:00pm Lets Make A Deal
5:00pm Family Night Dinner
6:00pm Random Trivia

9:00am Morning Inspiration: Chicken Soup for the Soul **26**
10:00am Coffee and Current Events
11:00am Daily Chronicles
11:30am Morning Exercise
12:00pm Daily Chronicles Hangman Challenge
12:30pm WordScape
1:30pm Music Therapy with Caleb
2:00pm Craft Table : Brown Bag Booklet
3:00pm Balloon Hole
3:30pm Can You See it?
5:00pm Support Group
6:00pm Hangman

9:00am Morning Inspiration: Chicken Soup for the Soul **27**
10:00am Coffee and Current Events
11:00am Daily Chronicles
11:30am Morning Exercise
12:00pm Daily Chronicles Hangman Challenge
12:30pm Give Marigolds their flowers
2:00pm Wii Sports
2:30pm Chef's Table
3:30pm Word Scramble
4:00pm Passwords Game
4:30pm Aromatherapy and Music
6:00pm Deal or No Deal

9:00am Morning Inspiration: Chicken Soup for the Soul **28**
10:00am Coffee and Current Events
11:00am Daily Chronicles
11:30am Morning Exercise
12:00pm Book Club: Make Room for Ryder
12:00pm Daily Chronicles Hangman Challenge
2:00pm Manicures
3:00pm Basketball Challenge
3:30pm Random Trivia
4:00pm Share your Favorite Song
4:00pm Table Games
6:00pm Finish the Proverb

9:00am Morning Inspiration: Chicken Soup for the Soul **29**
10:00am Coffee and Current Events
11:00am Daily Chronicles
11:30am Morning Exercise
12:00pm Daily Chronicles Hangman Challenge
2:00pm Bingo
4:30pm Puzzle Challenge
4:45pm Bingo

9:00am Morning Inspiration: Chicken Soup for the Soul **30**
10:00am Coffee and Current Events
11:00am Daily Chronicles
11:30am Morning Exercise
12:00pm Daily Chronicles Hangman Challenge
12:00pm Detective Challenge
3:30pm Happy Hour
4:30pm Aromatherapy and Music
6:00pm Evening Cinema

September 2024
MEMORY CARE

LAST MONTH'S HIGHLIGHTS

