

SEPTEMBER 2024

SENIOR LIVING



WEST HARTFORD

Happy Birthday!

Lloyd S. - 10th
Rosemary G. - 12th
"Dean" K. - 19th

Location Key

MC Lounge B Level = MCL
Plaza 1st Floor = PL
Community Outing Back Door = CO
Activity Center B Level = AC
Circle of Friends B Level = COF
Pub Room B Level = PR
Chapel Room 2nd Floor = CR
Plaza Bistro 1st Floor = PB
Plaza Theater 1st Floor = PT
Game Room B Level = GR
Back Door B Level = BD
Pool Game Room B Level = PGR
New Program = NP
* Special Events = SE
5th Floor = 5 FL
Private Dining Room B Level = PDR
Library Room B Level = LR
Fireplace Plaza 1st Floor = FP
Dining Room = DR
In Room TV = IRTV
Hallway B Level = HW

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>9:45 Grace & St.Peter's 10:00 Aviva Destination-Europe 10:30 Exercise Class 12:00 Eucharist Pray w/Mary 12:45 *Scrapbook Story/Emma 1:00 *Pond House/Elizabeth Park 1:30 Exercise Class 2:00 Bible Study Group 3:15 Cinematheque 3:30 Happy Hour 3:30 Sunday Errands 4:30 *Knitting Club 6:00 Cinematheque</p> <p>1</p>	<p>10:30 *Freshair Walk 11:15 Chronicles Reading 11:30 Words & Words 12:45 *Watercolor Abstracts/Emma 1:30 Lite Weights Exercise 2:00 BINGO 3:00 Cinema 3:30 *Labor Day Entertainment/Mick 5:45 Trivia Time 6:00 Night Owl Theater</p> <p>2</p>	<p>10:00 *NewsCurrentsSr.® 10:45 SCRABBLE® 11:15 Guest Who Game 12:45 Chess Game 1:00 Card Game/Cathy 1:30 Sit & Be Fit (Fox Rehab) 2:00 Poem workshop/Corey 2:30 Ambassador's Meeting 3:30 TeaTime w/Trivia 5:30 Exercise Class 6:00 Night Owl Cinema 6:15 Engaging Word Game</p> <p>3</p>	<p>10:00 *Underwater Museum 10:30 Stretching Exercise 10:45 SCRABBLE® 11:30 Engaging Word 12:45 Chess 1:30 Stretch Exercise 2:00 Crafter's Corner 3:30 Happy Hour-Welcome September 5:30 The Daily Trivia 6:00 Night Owl Presentation 6:15 Evening Trivia</p> <p>4</p>	<p>10:00 *FOX w/Katelyn 10:30 Classic Movies 10:45 Lite Stretching 11:00 SCRABBLE® Players 11:30 Engaging Word 12:45 Drawing 101 w/Corey 1:00 (CWA) Biking W/Kevin 1:30 Sit & Be Fit (Fox Rehab) 3:00 Bingo 3:30 Happy Hour Mix 5:30 Music Circle (Classic) 6:00 Night Owl Showing 6:15 The Guesting Game w/Corey</p> <p>5</p>	<p>10:00 Exercise w/Pete 10:45 *SCRABBLE® 11:15 Book Talk/W Corey 11:45 Engaging Word Game 12:45 Feature Presentation 1:30 Nature Walking 2:00 Music & Pool Game 2:30 *Chef's Table W/Gil 4:30 Shabbat Service 5:00 Guess Who Game 6:00 Feature Presentation 6:15 Poem workshop/Corey</p> <p>6</p>	<p>10:00 *Hartford Flute Group 10:45 SCRABBLE® Game 11:15 Exercise with Corey 12:45 Bingo Hour 2:00 Poem Workshop/Corey 2:15 Exercise with Corey 3:00 Movie Presentation 3:30 Happy Hour 6:00 Feature Presentation 6:15 Night Stretch workout</p>
<p>9:45 Grace & St.Peter's 10:00 Movie 10:30 Exercise Class 12:00 Eucharist Pray w/Mary 12:45 *Scrapbook Story/Emma 1:00 *Mark Twain House 1:30 Exercise Class 2:00 Bible Study Group 3:15 Cinematheque 3:30 Happy Hour 3:30 Sunday Errands 4:30 *Knitting Club 6:00 Cinematheque</p> <p>8</p>	<p>10:30 *Freshair Walk 11:15 Chronicles Reading 11:30 Words & Words 12:45 *Watercolor Abstracts/Emma 1:30 Lite Weights Exercise 2:00 BINGO 3:00 Cinema 3:30 Happy Hour 5:45 Trivia Time 6:00 Night Owl Theater</p> <p>9</p>	<p>10:00 *NewsCurrentsSr.® 10:45 SCRABBLE® 11:15 Guest Who Game 12:45 Chess Game 1:00 Card Game/Cathy 1:30 Sit & Be Fit (Fox Rehab) 2:00 Poem workshop/Corey 2:30 Resident Council Meeting 3:30 TeaTime w/Trivia 5:30 Exercise Class 6:00 Night Owl Cinema 6:15 Engaging Word Game</p> <p>10</p>	<p>10:00 *Underwater Museum 10:15 *Core Strength/Whitney 10:45 *Live Storyteller/Thomas 11:30 Engaging Word 12:45 Chess 1:30 Stretch Exercise 2:00 Crafter's Corner 3:30 *Show Your Culture Happy Hour-Europe 5:30 The Daily Trivia 6:00 Night Owl Presentation</p> <p>11</p>	<p>10:00 Classic Movies 10:45 Lite Stretching 11:30 Engaging Word 12:45 Drawing 101 w/Corey 1:00 (CWA) Biking W/Kevin 1:30 Sit & Be Fit (Fox Rehab) 3:00 Bingo 3:30 Happy Hour Mix 5:30 Music Circle (Classic) 6:00 Night Owl Showing 6:15 The Guesting Game w/Corey</p> <p>12</p>	<p>10:00 Exercise w/Pete 10:45 *SCRABBLE® 11:15 Book Talk/W Corey 11:45 Engaging Word Game 12:45 Feature Presentation 1:30 Nature Walking 2:00 Music & Pool Game 2:30 *Chef's Table W/Gil 4:30 Shabbat Service 5:00 Guess Who Game 6:15 Poem workshop/Corey</p> <p>13</p>	<p>10:00 *Hartford Flute Group 10:45 SCRABBLE® Game 11:15 Exercise with Corey 12:45 Bingo Hour 2:00 Poem Workshop/Corey 2:15 Exercise with Corey 3:00 Movie Presentation 3:30 Happy Hour 6:00 Feature Presentation 6:15 Night Stretch workout</p>
<p>9:45 Grace & St.Peter's 10:00 Movie 10:30 Exercise Class 12:00 Eucharist Pray w/Mary 12:45 *Scrapbook Story/Emma 1:00 *CT Old State House 1:30 Exercise Class 2:00 Bible Study Group 3:15 Cinematheque 3:30 Happy Hour 3:30 Sunday Errands 4:30 *Knitting Club 6:00 Cinematheque</p> <p>15</p>	<p>10:30 *Freshair Walk 11:15 Chronicles Reading 11:30 Words & Words 12:45 *Watercolor Abstracts/Emma 1:30 Lite Weights Exercise 2:00 BINGO 3:00 Cinema 3:30 Happy Hour 5:45 Trivia Time 6:00 Night Owl Theater</p> <p>16</p>	<p>10:00 *NewsCurrentsSr.® 10:45 SCRABBLE® 11:15 Guest Who Game 12:45 Chess Game 1:00 Card Game/Cathy 1:30 Sit & Be Fit (Fox Rehab) 2:00 Poem workshop/Corey 2:30 *Conversation w/Gina 3:30 TeaTime w/Trivia 5:30 Exercise Class 6:00 Night Owl Cinema 6:15 Engaging Word Game</p> <p>17</p>	<p>10:00 *Underwater Museum 10:45 SCRABBLE® 11:30 Engaging Word 12:45 Crafter's Corner 1:30 Stretch Exercise 2:00 *Karaoke Party w/Patty 3:30 Monthly Birthdays' Party 5:30 The Daily Trivia 6:00 Night Owl Presentation 6:15 Chess</p> <p>18</p>	<p>10:30 Classic Movies 10:45 Lite Stretching 11:30 Engaging Word 12:45 Drawing 101 w/Corey 1:00 (CWA) Biking W/Kevin 1:30 Sit & Be Fit (Fox Rehab) 2:00 Jeff the plant guy 3:00 Bingo 3:30 Happy Hour Mix 5:30 Music Circle (Classic) 6:00 Night Owl Showing 6:15 The Guesting Game w/Corey</p> <p>19</p>	<p>10:00 Exercise w/Pete 10:45 *SCRABBLE® 11:15 Book Talk/W Corey 11:45 Engaging Word Game 12:45 Feature Presentation 1:30 Nature Walking 2:00 Music & Pool Game 2:30 *Chef's Table W/Gil 4:30 Shabbat Service 5:00 Guess Who Game 6:15 Poem workshop/Corey</p> <p>20</p>	<p>10:00 *Hartford Flute Group 10:45 SCRABBLE® Game 11:15 Exercise with Corey 12:45 Bingo Hour 2:00 Poem Workshop/Corey 2:15 Exercise with Corey 3:00 Movie Presentation 3:30 Happy Hour 6:00 Feature Presentation 6:15 Night Stretch workout</p>
<p>9:45 Grace & St.Peter's 10:00 Movie 10:30 Exercise Class 12:00 Eucharist Pray w/Mary 12:45 *Scrapbook Story/Emma 1:00 *New Britain Museum 1:30 Exercise Class 2:00 Bible Study Group 3:15 Cinematheque 3:30 Happy Hour 3:30 Sunday Errands 4:30 *Knitting Club 6:00 Cinematheque</p> <p>22</p>	<p>10:30 *Freshair Walk 11:15 Chronicles Reading 11:30 Words & Words 12:45 *Watercolor Abstracts/Emma 1:30 Lite Weights Exercise 2:00 BINGO 3:00 Cinema 3:30 Happy Hour 5:45 Trivia Time 6:00 Night Owl Theater</p> <p>23</p>	<p>10:00 *NewsCurrentsSr.® 10:45 SCRABBLE® 11:15 Guest Who Game 12:45 Chess Game 1:00 Card Game/Cathy 1:30 Sit & Be Fit (Fox Rehab) 2:00 Poem workshop/Corey 2:30 *Culinary Committee-Gil 3:30 TeaTime w/Trivia 5:30 Exercise Class 6:00 Night Owl Cinema 6:15 Engaging Word Game</p> <p>24</p>	<p>10:00 *Underwater Museum 10:30 Fitness Class 10:45 SCRABBLE® 11:00 *Residents Tours 11:30 Engaging Word 12:45 Chess 1:30 Stretch Exercise 2:00 Crafter's Corner 3:30 Welcome New Residents 5:30 The Daily Trivia 6:00 Night Owl Presentation</p> <p>25</p>	<p>10:30 Classic Movies 10:45 Lite Stretching 11:30 Engaging Word 12:45 Drawing 101 w/Corey 1:00 (CWA) Biking W/Kevin 1:30 Sit & Be Fit (Fox Rehab) 3:00 Bingo 3:30 Happy Hour Mix 4:00 *Books & Brew 5:30 Music Circle (Classic) 6:00 Night Owl Showing 6:15 The Guesting Game w/Corey</p> <p>26</p>	<p>10:00 Exercise w/Pete 10:45 *SCRABBLE® 11:15 Book Talk/W Corey 11:45 Engaging Word Game 12:45 Feature Presentation 1:30 Nature Walking 2:00 Music & Pool Game 2:30 *Chef's Table W/Gil 4:30 Shabbat Service 5:00 Guess Who Game 6:15 Poem workshop/Corey</p> <p>27</p>	<p>10:00 *Hartford Flute Group 10:45 SCRABBLE® Game 11:15 Exercise with Corey 12:45 Bingo Hour 2:00 Poem Workshop/Corey 2:15 Exercise with Corey 3:00 Movie Presentation 3:30 *Music by David Eberly 6:00 Feature Presentation 6:15 Night Stretch workout</p>
<p>9:45 Grace & St.Peter's 10:00 Movie 10:30 Exercise Class 12:00 Eucharist Pray w/Mary 12:45 *Scrapbook Story/Emma 1:00 *The Wadsworth Atheneum 1:30 Exercise Class 2:00 Bible Study Group 3:15 Cinematheque 3:30 Happy Hour 3:30 Sunday Errands 4:30 *Knitting Club 6:00 Cinematheque</p> <p>29</p>	<p>10:30 *Freshair Walk 11:15 Chronicles Reading 11:30 Words & Words 12:45 *Watercolor Abstracts/Emma 1:30 Lite Weights Exercise 2:00 BINGO 3:00 Cinema 3:30 Happy Hour 5:45 Trivia Time 6:00 Night Owl Theater</p> <p>30</p>			<p>*All programs are subject to change. Please check the daily posting. Residents are encouraged to participate in any program. Please let staff know of any upcoming programs you would like to attend.</p>		