



AVIVA

WEST HARTFORD NEWSLETTER



Fun Facts on Yevonne

-Sang in choruses performing with major orchestras at Lincoln Center, NY, and the Saratoga Performing Arts Center.

-Her first fantasy bucket list is to visit Antarctica.

-Her second fantasy is to visit the photographic African Safari.

-She also has a fantasy music career as a drummer.

- Her favorite states are Connecticut, Maine & New Mexico.

-Yevonne said: "My cousin invented Pringles"

Happy Birthday!

- Rostell W. - 1st
- Thomas M. - 2nd
- William "Bill" P. - 5th
- Billie L. - 7th
- Nancy S. - 11th
- Sheila M. - 14th
- Alberta C. - 21st
- Judson S. - 25th
- Aaron M. - 29th
- George H. - 29th
- Michael B. - 31st



Future Happening

6th

2:30 p.m. Ambassadors meeting / Pub.

7th

3:30 pm Jim Moore Entertainment/Plaza

8th

2:00 pm Live Storyteller/Art of Odyssey Lecture/Library

13th

2:30 p.m. Community Resident Council Meeting / Pub.

15th

2:00 p.m. The Lil 'Plant Shop Bus Jeff the plant guy

20th

2:30 pm Conversation w/Executive Director Gina/Pub

21st

1:00 pm Connecticut State Capitol Tour/Back Door

25th

1:30 pm Dudleytown Brewing Company Trip

22nd

11:00 am Leslie's Jewelry Connection Sale/B-Level

27th

2:30 p.m. Culinary Meeting- Gil / Pub.

29th

3:30 pm Back to School Thank You Celebration/Plaza




29th

4:00 p.m. (Books & Brew/ BYO Beverage) / Library.

31st

3:30 p.m. Music by David Eberly / Chapel.

AUGUST 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>*All programs are subject to change. Please check the daily posting. Residents are encouraged to participate in any program. Please let staff know of any upcoming programs you would like to attend.</p>				<p>10:00 Lite Stretching 10:30 Summer Thursday 10:45 Classic Movies 11:00 SCRABBLE® Players 11:30 Engaging Word 12:00 Guest Who Game 12:45 Drawing 101 w/Corey 1:00 (CWA) Biking W/Kevin 1:30 Sit & Be Fit 3:00 Bingo 3:30 Happy Hour Mix 6:00 Night Owl Showing</p>	<p>2 10:00 Exercise w/Pete 10:45 *SCRABBLE® 11:15 Book Talk/W Corey 11:45 Engaging Word Game 12:45 Feature Presentation 1:30 *Music & Nature Walk 2:00 Music & Pool Game 2:30 *Chef's Table W/Gil 4:30 Shabbat Service 5:00 Guess Who Game 6:15 Poem workshop/Corey</p>	<p>3 10:00 *Watermelon Day 10:45 SCRABBLE® Game 11:15 Exercise with Corey 12:45 Bingo Hour 2:00 Poem Workshop/Corey 2:15 Exercise with Corey 3:00 Movie Presentation 3:30 Happy Hour 5:00 Painting w/Corey 6:00 Feature Presentation 6:15 Night Stretch workout</p>
<p>4 9:45 Church Trips 10:00 Movie 10:30 Exercise Class 12:00 Eucharist St. Peter Calver/Mary 1:00 Exercise Class 2:00 Bible Study Group 3:15 Las Vegas series 3:30 Happy Hour 3:30 Sunday Errands 5:00 *Knitting Club 6:00 Cinematheque</p>	<p>5 10:00 *Celebrate Germany 10:30 *Freshair Walk 11:00 Chronicles Reading 11:30 Words & Words 12:45 Card Game/Cathy 1:00 Lite Weights Exercise 2:00 BINGO 3:00 Cinema 3:30 Happy Hour 6:00 Night Owl Theater</p>	<p>6 10:30 *NewsCurrentsSr.® 10:45 SCRABBLE® 11:15 Guest Who Game 1:30 Sit & Be Fit 2:30 Ambassador's Meeting 3:30 TeaTime Social 4:00 Poem workshop/Corey 5:30 Activity Connection 6:00 Night Owl Cinema 6:15 Engaging Word</p>	<p>7 10:30 Strength Exercise 10:45 SCRABBLE® 11:30 Engaging Word 12:45 Chess 1:30 Stretch Exercise 2:00 Scrapbooking Craft 3:30 *Jim Moore Entertainment 5:30 The Daily Trivia 6:00 Night Owl Presentation 6:15 Evening Trivia</p>	<p>8 10:00 Lite Stretching 10:30 Summer Thursday 10:45 Classic Movies 11:30 Engaging Word 12:00 Guest Who Game 1:00 (CWA) Biking W/Kevin 1:30 Sit & Be Fit 2:00 *Live Storyteller/Art of Odyssey 3:00 Bingo 3:30 Happy Hour 6:00 Night Owl Showing</p>	<p>9 10:00 Exercise w/Pete 10:45 *SCRABBLE® 11:15 Book Talk/W Corey 11:45 Engaging Word Game 12:45 Feature Presentation 1:30 *Music & Nature Walk 2:00 Music & Pool Game 2:30 *Chef's Table W/Gil 4:30 Shabbat Service 5:00 Guess Who Game 6:15 Poem workshop/Corey</p>	<p>10 10:00 *Fresh Air w/friends 10:45 SCRABBLE® Game 11:15 Exercise with Corey 12:45 Bingo Hour 2:00 Poem Workshop/Corey 2:15 Exercise with Corey 3:00 Movie Presentation 3:30 Happy Hour 6:00 Feature Presentation 6:15 Night Stretch workout</p>
<p>11 9:45 Church Trips 10:00 Movie 10:30 Exercise Class 12:00 Eucharist St. Peter Calver/Mary 1:00 Exercise Class 2:00 Bible Study Group 3:15 Las Vegas series 3:30 Happy Hour 3:30 Sunday Errands 5:00 *Knitting Club 6:00 Cinematheque</p>	<p>12 10:00 *Celebrate Germany 10:30 *Freshair Walk 11:00 Chronicles Reading 11:30 Words & Words 12:45 Card Game/Cathy 1:00 Lite Weights Exercise 2:00 BINGO 3:00 Cinema 3:30 Happy Hour 6:00 Night Owl Theater</p>	<p>13 10:30 *NewsCurrentsSr.® 10:45 SCRABBLE® 11:15 Guest Who Game 1:30 Sit & Be Fit 2:30 Resident Council Meeting 3:30 TeaTime Social 4:00 Poem workshop/Corey 5:30 Activity Connection 6:00 Night Owl Cinema 6:15 Engaging Word</p>	<p>14 10:15 *Core Strengthening/Whitney 10:30 Strength Exercise 10:45 SCRABBLE® 11:30 Engaging Word 12:45 Chess 1:30 Stretch Exercise 2:00 Necklace Making Craft 3:30 80's Happy Hour 5:30 The Daily Trivia 6:00 Night Owl Presentation 6:15 Brainteaser/Corey</p>	<p>15 10:00 Lite Stretching 10:30 Summer Thursday 11:30 Engaging Word 12:00 Guest Who Game 12:45 Drawing 101 w/Corey 1:00 (CWA) Biking W/Kevin 1:30 Sit & Be Fit 2:00 Jeff the plant guy 2:15 The Lil' Plant Shop Bus 3:00 Bingo 3:30 Happy Hour Mix 6:00 Night Owl Showing</p>	<p>16 10:00 Exercise w/Pete 10:45 *SCRABBLE® 11:15 Book Talk/W Corey 11:45 Engaging Word Game 12:45 Feature Presentation 1:30 *Music & Nature Walk 2:00 Music & Pool Game 2:30 *Chef's Table W/Gil 4:30 Shabbat Service 5:00 Guess Who Game 6:15 Poem workshop/Corey</p>	<p>17 10:00 *Fresh Air w/friends 10:45 SCRABBLE® Game 11:15 Exercise with Corey 12:45 Bingo Hour 2:00 Poem Workshop/Corey 2:15 Exercise with Corey 3:00 Movie Presentation 3:30 Happy Hour 6:00 Feature Presentation 6:15 Night Stretch workout</p>
<p>18 9:45 Church Trips 10:00 Movie 10:30 Exercise Class 12:00 Eucharist St. Peter Calver/Mary 1:00 Exercise Class 2:00 Bible Study Group 3:15 Las Vegas series 3:30 Happy Hour 3:30 Sunday Errands 5:00 *Knitting Club 6:00 Cinematheque</p>	<p>19 10:00 *Celebrate Germany 10:30 *Freshair Walk 11:00 Chronicles Reading 11:30 Words & Words 12:45 Card Game/Cathy 1:00 Lite Weights Exercise 2:00 BINGO 3:00 Cinema 3:30 Happy Hour 6:00 Night Owl Theater</p>	<p>20 10:30 *NewsCurrentsSr.® 10:45 SCRABBLE® 11:15 Activity Connection 1:30 Sit & Be Fit 2:30 *Conversation/w Executive Director Gina 3:00 Movie Presentation 3:30 TeaTime Social 4:00 Poem Discussion/Corey 5:30 Activity Connection 6:00 Night Owl Theater 6:15 Engaging Word</p>	<p>21 10:30 Strength Exercise 10:45 SCRABBLE® 11:30 Engaging Word 12:45 Chess Game 1:00 *Tour CT State Capitol 1:30 Stretch Exercise 2:00 Sewing w/Corey 3:30 *Dave Giardina Entertainment 5:30 Evening Brainteasers 6:00 Night Owl Presentation</p>	<p>22 10:00 Lite Stretching 10:30 Summer Thursday 10:45 Classic Movies 11:00 *Leslie's Jewelry Connection 11:30 Engaging Word 12:00 Guest Who Game 12:45 Drawing 101 w/Corey 1:00 (CWA) Biking W/Kevin 1:30 Sit & Be Fit 3:00 Bingo 3:30 Happy Hour Mix 6:00 Night Owl Showing</p>	<p>23 10:00 Exercise w/Pete 10:45 *SCRABBLE® 11:15 Book Talk/W Corey 11:45 Engaging Word Game 12:45 Feature Presentation 1:30 *Music & Nature Walk 2:00 Music & Pool Game 2:30 *Chef's Table W/Gil 4:30 Shabbat Service 5:00 Guess Who Game 6:00 Cinema 6:15 Poem workshop/Corey</p>	<p>24 10:00 *Fresh Air w/friends 10:45 SCRABBLE® Game 11:15 Exercise with Corey 12:45 Bingo Hour 2:00 Poem Workshop/Corey 2:15 Exercise with Corey 3:00 Movie Presentation 3:30 Happy Hour 6:00 Feature Presentation 6:15 Night Stretch workout</p>
<p>25 9:45 Church Trips 10:00 Movie 10:30 Exercise Class 12:00 Eucharist St. Peter Calver/Mary 1:00 Exercise Class 1:30 *Dudleytown Brewing 2:00 Bible Study Group 3:15 Las Vegas series 3:30 Happy Hour 3:30 Sunday Errands 5:00 *Knitting Club 6:00 Cinematheque</p>	<p>26 10:00 *Celebrate Germany 10:30 *Freshair Walk 11:00 Chronicles Reading 11:30 Words & Words 12:45 Card Game/Cathy 1:00 Lite Weights Exercise 2:00 BINGO 3:00 Cinema 3:30 Happy Hour 6:00 Night Owl Theater</p>	<p>27 10:30 *NewsCurrentsSr.® 10:45 SCRABBLE® 11:15 Guest Who Game 1:30 Sit & Be Fit 2:30 *Culinary Committee-Gil 3:30 TeaTime Social 4:00 Poem workshop/Corey 5:30 Activity Connection 6:00 Night Owl Cinema 6:15 Engaging Word</p>	<p>28 10:30 *Bollywood Fitness w/Sweata 10:30 Strength Exercise 10:45 *Residents Tours 10:45 SCRABBLE® 11:30 Engaging Word 12:45 Chess 1:30 Stretch Exercise 2:00 Sewing w/Corey 3:30 Happy Hour 5:30 The Daily Trivia 6:00 Night Owl Presentation</p>	<p>29 10:00 Lite Stretching 10:30 Summer Thursday 10:45 Classic Movies 11:30 Engaging Word 12:00 Guest Who Game 12:45 Drawing 101 w/Corey 1:00 (CWA) Biking W/Kevin 1:30 Sit & Be Fit 3:00 Bingo 3:30 *Back to School Celebration 4:00 *Books & Brew 6:00 Night Owl Showing</p>	<p>30 10:00 Exercise w/Pete 10:45 *SCRABBLE® 11:15 Book Talk/W Corey 11:45 Engaging Word Game 12:45 Feature Presentation 1:30 *Music & Nature Walk 2:00 Music & Pool Game 2:30 *Chef's Table W/Gil 4:30 Shabbat Service 5:00 Guess Who Game 6:15 Poem workshop/Corey</p>	<p>31 10:00 *Fresh Air w/friends 10:45 SCRABBLE® Game 11:15 Exercise with Corey 12:45 Bingo Hour 2:00 Poem Workshop/Corey 2:15 Exercise with Corey 3:00 Movie Presentation 3:30 *Music by David Eberly 6:00 Feature Presentation 6:15 Night Stretch workout</p>

'Reminiscing'



"This Month in History"

The month of August was originally called Sextillia, the Roman word for "sixth", because it was the sixth month of the Roman year. In 8 B.C., the first Roman emperor, Augustus Caesar, renamed the month after himself. Augustus may have chosen August because it was the month of some of his greatest military victories and because Julius Caesar, his grandnephew, had named July after himself. Augustus also made other changes to the calendar, including adding a day to February to make it 28 days and giving October and December 31 days.

Notable events:

- August 6, 1965: The Voting Rights Act is passed
- August 18, 1920: Women gain the right to vote in the United States
- August 21, 1959: Hawaii becomes the 50th state

Other facts

August is the eighth month of the year in the Gregorian calendar. It's also National Wellness Month and National Black Business Month in the United States. The zodiac signs for August are Leo (July 23–August 22) and Virgo (August 23–September 22). August's birthstones are peridot, sardonyx, and spinel, and its birth flower is the gladiolus or poppy.

Britannica, The Editors of Encyclopaedia. "August". Encyclopedia Britannica, 21 Dec. 2023, <https://www.britannica.com/topic/August-month>. Accessed 27 July 2024.